



## TL6a – Advocacy and Influence

*TL6a: Provide one example, with supporting evidence, of a mentoring plan or program for clinical nurse.*

- *One example must be from the Ambulatory Care Setting.*

### **Ambulatory Example TL6a: Mentoring a Clinical Nurse In the Role of Scrub and Circulating Nurse and Educator**

#### **Introduction**

The Cardiac Catheterization Laboratory (CCL) provides a vital and essential cardiovascular service to all people of Saudi Arabia: both adult and pediatric patients who present with acquired and congenital heart diseases. The goal of the diagnostic and interventional procedures is to obtain sufficient and valid (hemodynamic and radiological) data and to perform the indicated interventional procedures while maintaining maximum patient safety and comfort with optimal outcomes.

Clinical nurse Wejdan Barayan, RN BSN, was transferred to CCL as a Staff Nurse 1 on February 19, 2020. Wejdan had previously worked as a Staff Nurse 1 in the Cardiac Telemetry Unit (CVT) and the Radiology Department, where she was assigned to Angiography as a circulating nurse. Her experience was in medical cardiology and pre- and post-procedure inpatient bedside nursing. Wejdan's experience in the CCL setting was minimal.

Upon transfer to the CCL, on July 14, 2020, Wejdan approached Nojoud Abu Alsaud, MSN RN, Head Nurse, during her rounds and asked her to provide mentorship. Since Nojoud had previously been in a similar situation to Wejdan, she agreed to mentor Wejdan. Nojoud has also previously worked in CVT prior to her promotion to Head Nurse of CCL. **Evidence TL6a.1 Mentor Mentee Agreement**

On February 7, 2021, Wejdan emailed Nojoud stating that she was interested in education and was keen to take on an educational role to enhance her knowledge and skills to assist the unit with staff orientation and education. **Evidence TL6a.2 Email Indicating Interest in Educator role**

#### **Goals Set by Mentor/Mentee**

**Goal 1:** Wejdan shared with Nojoud that she wanted to develop her skills as a scrub nurse. Based on Wejdan’s request and interest, a plan was formulated to ensure all aspects of scrubbing were covered.

Activities Undertaken to Support Wejdan with Her Scrub Role

- A scrub mentoring plan was formulated and included two-weekly meetings for two months, then monthly for a six-month duration.
- An item list was sent daily depending on the procedure for the day.
- A Scrub Task Force was formed to initiate a scrub checklist for all new scrub nurses. **Evidence TL6a.3 CCL Scrub Nurse Competency Checklist**
- Batool Alsabab, BSN RN, Operating Room Nurse Clinician, gave scrubbing sessions, and a Privilege Process Sheet was completed on October 27, 2021. **Evidence TL6a.4 Privilege Process Sheet**

**Table TL6A.1: Mentorship Meetings Schedule for Wejdan**

Mentorship Progress Report Meetings	Time
August 09, 2020	12:00-13:00
August 23, 2020	13:00-14:30
September 06, 2020	12:00-13:30
September 20, 2020	16:00-17:00
October 20, 2020	16:00-17:00
November 22, 2020	16:00-17:00
End of year appraisal: December 29, 2020	08:00-09:00
January 17, 2021	16:00-17:00
February 07, 2021	16:00-17:00
March 14, 2021	16:00-17:00

Wejdan was motivated to perform in this role as the number of scrub nurses was less than the number of circulating nurses at the time. Moreover, there were no female scrub nurses in CCL, and having a female scrub nurse available increased the patient’s satisfaction when they requested a female nurse to scrub.

**Goal 2:** Wejdan shared with Nojoud that she wanted to develop her skills as an educator. Based on Wejdan's request and interest, Nojoud met with Wejdan regularly, formulating a plan to support Wejdan.

### Activities Undertaken to Support Wejdan with Her Educator Role

Nojoud discussed with Wejdan an *Introduction to the CCL Nurse Clinician Role*, which included:

- Administrative duties
- Quality and safety-related duties
- Clinical-related duties
- Staff development and continuing education
- Review of the Nurse Clinician job description
- Wejdan reviewed the "Be familiar with the Must Read IPP" in CCL (this is a list of policies relevant to the CCL)
- Review of the orientation and preceptorship for an intern, new staff, and charge nurse package
- Wejdan collaborated with Rana Bukhari, Ward Clerk, who is in-charge of supplies, to become familiar with managing supplies in the CCL Store Room

### Outcome

As a result of her relationship with her mentor, Wejdan could access training to develop her competence as a scrub nurse and her skills as an educator.

Wejdan became a core member of the "Maintaining Aseptic Technique" privilege and was able to check off staff for this privilege.

Wejdan has developed guidelines for the CCL Holding Bay and presented in-services to the CCL staff. Wejdan presents "Medication Administration" monthly during the General Nursing Orientation and is the CCL representative for the Saudi Central Board for Accreditation of Healthcare Institutions and Joint Commission International accreditations. **Evidence TL6a.5 GNO Schedule**