



مستشفى الملك فيصل التخصصي ومركز الأبحاث
King Faisal Specialist Hospital & Research Centre
Gen. Org. مؤسسة عامة



King Faisal Specialist Hospital & Research Center
P.O. Box 3354 Riyadh 11211
Kingdom of Saudi Arabia
Tel: +966 114647272
www.kfshrc.edu.sa

Smoking & COVID-19

CSR 20-042

1441 H - 2020 G

WHO has issued a new serious warning to smokers in the light of COVID-19 pandemic. All types of smoking like cigarettes, electronic cigarettes and hookah increase the chance of being infected with COVID-19 virus and spreading it to others.

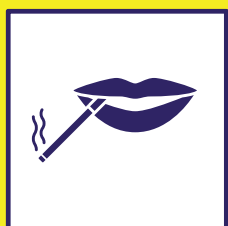
COVID-19 transmission routes amongst smokers:

It is well known that all types of smoking have negative impact on the body. Smokers are at high risk for developing respiratory diseases in general and especially COVID-19 virus infection.

The likelihood of COVID-19 virus infection is higher in smokers than it is in others. Transmission routes are as follows:



- Sharing cigarettes.



- When smoking a cigarette, the hand and fingertips could transmit COVID-19 virus to the lips and mouth, which increases the chance of transporting the virus to the respiratory system.



- Hookah gatherings with family and friends. Usually, the hookah hose and outlet are shared by many individuals, which increases the chance of spreading the infection.
- Furthermore, Hookah itself including hose and outlet could harbor germs and viruses in general.

Smokers and COVID-19:

Smoking weakens the immune system, which increases the smoker's chance of being infected with COVID-19 virus knowing that the virus attacks the lungs.

Smokers may suffer from:

- Lung diseases.
- Coronary heart diseases.
- Reduced oxygen capacity in the lungs.
- Weak lungs.

Dear Smoker, COVID-19 pandemic is an excellent opportunity for you to quit smoking. Therefore, we advise you to set a specific program to refrain from the habit of all types of smoking and seek medical advice should you need it.

